

WHEN FILLING OUT THE NEW PATIENT QUESTIONNAIRE, PLEASE PRINT CLEARLY USING BLUE OR BLACK INK ONLY. PLEASE DO NOT USE PENCIL.



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Dear:

Your appointment has been scheduled for:

Date: _____ / _____ / ____
Monday
Tuesday
Wednesday
Thursday
Friday

Time: _____

Consultation Check List

- New Patient questionnaire completed. If this is not completed, your appointment will be rescheduled. (Possible 4-6 weeks out)
- MRI, CT Scan, Bone Scan, X-Rays, ect. in CD format unless only films are available. (Your appointment will be rescheduled if you do not have these available for your consultation appointment, possibly 4-6 weeks out)
- Previous medical records pertaining to your condition. i.e. operative reports, Electromyography (EMG/Nerve) reports, Bone Density reports. (This can delay any treatment recommendations if they are not available.)
- □ <u>List any and all medications.</u> (No records of your medications could delay procedures and treatments significantly).
- If you require an interpreter, you must bring a family member over the age of 18. <u>If you are a</u> workman's compensation claimant, you must contact your adjuster to provide you with an interpreter. (Your appointment will be rescheduled if there is no one to interpret for you.)

You must arrive **30 minutes prior to your scheduled time** to insure you have sufficient time to consult with the physician. Please make sure you have all of the above available when you come in for your



appointment.

Sierra Pacific Orthopedics Spruce Campus 1270 E. Spruce Ave Fresno, CA 93720 (559) 256-5200



Today's Date: _____

Referring Doctor: _____

Mark these drawings according to where you hurt. (If the back of your neck hurts, mark the drawing on the back or the neck, ect.) If you feel any of the following symptoms, please indicate where you feel them by placing the marks shown here on the diagram.

Numbness	annnnnnnnnn annnnnnnnnn	Pins & Needles	0000000000
Burning	xxxxxxxxxx xxxxxxxxxx	Stabbing	
R Front V			L R H H H H H H H H H H H H H H H H H H H



Back and Neck History Form

Instructions: This form has been designed to help the doctor focus in on the pertinent facts regarding your problems and initial visit to this office. Please complete sections II and III <u>only</u> if you had an on the job injury or were involved in a motor vehicle accident. <u>All patients</u> need to complete sections I and IV through VI.

Section I – General Information (For all patients)

Name:	_	Date:	
Date of Birth:			Sex: M F
Who referred you to our office?			
Who is your family doctor?			
In your own words, please describe what your problem is			e to get from this
visit. You may use the back of this sheet if necessary.			
When did your problem begin or how long have you had i			
How did your problem begin?			
What is, or was, your occupation?		Retired 🗆]
Have you ever had a disability rating before, and if so, when	y and	how much?	
Are there any other family members with disabilities or co	ompe	nsations injur	ies?
What is the name of the attorney involved with your pres	ent n	nedical proble	m?
Have you ever had back or neck surgery before? If so, des	scribe	e below.	
Date Type of Surgery and Doctor		Re	esult
	Help	ped Made Wor	se No Change



Name: _____

Date of Birth: _____

Section II – Work Injury (Fill out this section only if your problem is work related (on the job injury).

Date of first injury: _____ Other dates of injury (if any): _____

Employer: _____

Name of Primary Treating Physician: _____

What functions does your job require you to do? _____

Are you working now? If not, what was the last day you worked? ______ How long have you been at this job? _____

Have you had an industrial claim before? If so, please explain: ______

Please list previous employers, dates of employment, and job descriptions.

If you were to get better in the next few weeks, would your employer let you return to work? Yes No

Section III – Motor Vehicle Accident (Fill out this section only if your problem relates to a motor vehicle accident.)

Please describe the accident and note whether you were the driver, passenger, wearing a seat belt, speed of vehicle involved, and other information you think is important.



Name: ______

Date of Birth: _____

Section IV (For all patients)

Are you having problems with your bowels or bladder; for example, loss of control? If so, please describe: _____

Have you ever had problems with your neck or back in the past? If so, please explain: _____

					Increa	se	Decrea	ase	No Effect
Driving									
Turning your	head								
Lying Down									
Coughing/Sne	ezing								
Getting upset	or tens	sion							
Straining at a	bowel ı	moveme	ent						
Medications,	such as	aspirin	or Tyler	nol					
Check the joir	nt areas	below i	f you ha	ave wea	akness i	n any of	these	areas. (R=Right; L=Left)
Shoulder	\Box R		Hip	\Box R		Knee		\Box R	
Ankle	\Box R		Elbow	\Box R		Big Toe	5	\Box R	
Wrist	\Box R		Thumb	⊃ 🗆 R		Other ⁻	Toes	\Box R	
Fingers	\Box R								
Describe this	weakne	ess, if an	y:						
Which of the	followir	ng descr	ibes the	e reasor	n for the	e weakn	ess?		
Pain Actual loss of muscle, or muscles ability to move a joint									
What has bee	What has been your most significant life stressor(s)?								



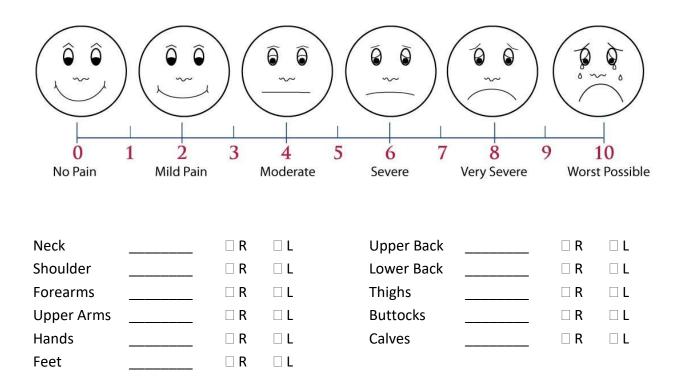
Date of Birth: _____

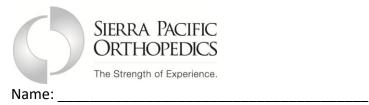
With a total of all of your pain adding up to 100%, what percentage of your pain is:

Neck	%
Arm	%
Mid Back	%
Low Back	%
Leg	%
Total	100% (Cannot add up to more than 100%)

Are you right or left handed:
□ Right □ Left

Please use the Pain Guidelines below to express, by number, 1-10, the amount of pain you are feeling in the areas listed below (back, neck, ect.) (Check box; R=Right; L=Left)





Date of Birth: _____

Which of these tests have been performed?

Regular spine x-rays	Date:	Nuclear Bone Scan	Date:
CT Scan	Date:	MRI Scan	Date:
Discogram	Date:	Myelogram	Date:
EMG/Nerve Conduction	Date:	Nerve Blocks	Date:
Bone Density	Date:	PET Scan	Date:

What treatments have you tried so far for your problem?

Muscle relaxants Strong pain medications (narcotics) Aspirin type medications Anti-depression medications Electrical stimulation Physical therapy Chiropractic treatment Massage therapy Acupuncture		Not Tried	<u>Helped</u>	Made Worse	No Change
Aspirin type medications	Muscle relaxants				
Anti-depression medications Electrical stimulation Physical therapy Chiropractic treatment Massage therapy Acupuncture Surgery Back exercises Hot packs Ultrasound Ice <	Strong pain medications (narcotics)				
Electrical stimulationIIIPhysical therapyIIIChiropractic treatmentIIIMassage therapyIIIAcupunctureIIISurgeryIIIBack exercisesIIIHot packsIIIUltrasoundIIIIceIIITractionIIIBedrestIIIBiofeedbackIIILocal (trigger point) injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIIIIIIII	Aspirin type medications				
Physical therapyIIIIChiropractic treatmentIIIIMassage therapyIIIIAcupunctureIIIISurgeryIIIIBack exercisesIIIIHot packsIIIIUltrasoundIIIIIceIIIITractionIIIIBedrestIIIIBiofeedbackIIIIEpidural injectionsIIIIFacet injectionsIIIIPercutaneous rhizotomyIIIIGravity inversionIIIIManipulationIIIIVertebroplasty/KypholastyIIII	Anti-depression medications				
Chiropractic treatment Massage therapy Acupuncture Surgery Back exercises Hot packs Ultrasound Ice <	Electrical stimulation				
Massage therapyIIIIAcupunctureIIIISurgeryIIIIBack exercisesIIIIHot packsIIIIUltrasoundIIIIIceIIIITRSU unit for home useIIIITractionIIIIBedrestIIIIBiofeedbackIIIILocal (trigger point) injectionsIIIIFacet injectionsIIIIPercutaneous rhizotomyIIIIOsteopathic treatmentIIIIManipulationIIIIVertebroplasty/KypholastyIIII	Physical therapy				
Acupuncture Surgery Back exercises Hot packs Ultrasound Ultrasound Ice TENS unit for home use Traction Bedrest Facet injections <	Chiropractic treatment				
Surgery Back exercises Hot packs Ultrasound Ultrasound Ice TENS unit for home use Traction Bedrest Biofeedback Local (trigger point) injections Facet injections Percutaneous rhizotomy Gravity inversion Manipulation	Massage therapy				
Back exercisesIIIHot packsIIIHot packsIIIUltrasoundIIIIceIIITENS unit for home useIIITractionIIIBedrestIIIBiofeedbackIIILocal (trigger point) injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIManipulationIIIVertebroplasty/KypholastyIII	Acupuncture				
Hot packsIIIIUltrasoundIIIIIceIIIITENS unit for home useIIIITractionIIIIBedrestIIIIBiofeedbackIIIILocal (trigger point) injectionsIIIFacet injectionsIIIIPercutaneous rhizotomyIIIIOsteopathic treatmentIIIIManipulationIIIIVertebroplasty/KypholastyIIII	Surgery				
UltrasoundIIIIIceIIIITENS unit for home useIIIITractionIIIIBedrestIIIIBiofeedbackIIIILocal (trigger point) injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Back exercises				
IceIIIITENS unit for home useIIIITractionIIIIBedrestIIIIBiofeedbackIIIILocal (trigger point) injectionsIIIIEpidural injectionsIIIIFacet injectionsIIIIPercutaneous rhizotomyIIIIOsteopathic treatmentIIIIGravity inversionIIIIManipulationIIIIVertebroplasty/KypholastyIIII	Hot packs				
TENS unit for home useIIITractionIIIBedrestIIIBiofeedbackIIILocal (trigger point) injectionsIIIEpidural injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Ultrasound				
Traction Bedrest Biofeedback Local (trigger point) injections Epidural injections Facet injections Percutaneous rhizotomy Osteopathic treatment Manipulation Vertebroplasty/Kypholasty	Ice				
BedrestIIIIBiofeedbackIIIILocal (trigger point) injectionsIIIIEpidural injectionsIIIIFacet injectionsIIIIPercutaneous rhizotomyIIIIOsteopathic treatmentIIIIGravity inversionIIIIManipulationIIIIVertebroplasty/KypholastyIIII	TENS unit for home use				
BiofeedbackIIILocal (trigger point) injectionsIIIEpidural injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Traction				
Local (trigger point) injectionsIIIEpidural injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Bedrest				
Epidural injectionsIIIFacet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Biofeedback				
Facet injectionsIIIPercutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Local (trigger point) injections				
Percutaneous rhizotomyIIIOsteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Epidural injections				
Osteopathic treatmentIIIGravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Facet injections				
Gravity inversionIIIManipulationIIIVertebroplasty/KypholastyIII	Percutaneous rhizotomy				
ManipulationImage: Constraint of the second sec	Osteopathic treatment				
Vertebroplasty/Kypholasty	Gravity inversion				
	Manipulation				
Other (Please describe)	Vertebroplasty/Kypholasty				
	Other (Please describe):				



Date of Birth:

Section V – Past Medical History (For all patients)

Please list all unusual childhood illnesses you have had? _____

Do you have a history of the following medical problems? (Please check all that apply)

- □ High blood pressure
- □ Sugar diabetes
- □ Thyroid (low/high)
- □ Heart problems
- □ Stomach ulcers
- Blood problems
- □ Vein problems
- □ Liver problems
- □ Kidney problems
- □ Lung problems
- □ Eye problems
- Gout
- □ Arthritis
- □ Bladder problems
- Prostate problems
- □ Blood clot problems
- □ Asthma
- □ Stroke/TIA
- □ Nerve problems
- □ Skin problems
- □ Recurrent infections
- □ Chronic pain
- Headaches
- Anxiety
- Cancer
- Other _____

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	The Strength of Experience.

Name:	Date of Birth:
If you have been hospitalized in the last five ye	ears, please explain:
Are you, or have you ever been, under the car	e of a psychiatrist/psychologist? Ves No
If yes, please explain and name of treater:	
Please check all that apply:	
□ Depression □ Bipolar disorde	er 🗌 Schizophrenia
Dysthymia Anxiety	Suicidal
List all previous non back surgeries and dates:	
Are you allergic to anything? If so, please list, and	describe your reactive symptoms:
back of this paper, if necessary.	include the strength and dosage. You may use the
What illnesses, including psychiatric, do your pare family?	nts have, if any, or what illnesses tend to run in your
What is your ethnic background / religion?	
How much alcohol do you drink on average in a da Beer bottles Wine glas	-
Do you smoke?	packs per day for years.
Do you use other nicotine products?	No
If yes, please explain:	
	m:
Are you:	Divorced 🗆 Widowed # of children:

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	The Strength of Experience.

Name:			Date of Birth:		
How much schooling did you com	plete?				
Grade school	years	High school	years		
Technical school	years	College	years		
Present means of support (financ	ial):				
Section VI – Review of Systems (For all patients)				
Constitutional					
1. Yes 🗌 No 🗌 Have you	lost weight in the la	st year? How ma	ny pounds?		
			many pounds?		
3. Yes 🗆 No 🗆 Have you	had unexplained chi	ills or fevers in the	e past month?		
4. Yes 🗆 No 🗆 Do you h	ave trouble sleeping	2			
5. Yes 🗆 No 🗆 Are you t	ired most of the time	2?			
HEENT					
6. Yes 🗆 No 🗆 Are you h	aving vision problem	ns, aside from wea	aring corrective glasses?		
	aving hearing proble				
8. Yes 🗆 No 🗆 Are you f	Are you frequently bothered with nosebleeds?				
9. Yes 🗆 No 🗆 Has your	voice been persisten	tly hoarse in the	past year?		
10. Yes 🗌 No 🗌 Have you	had bleeding gums of	often in the past y	/ear?		
Neurological					
-	ave problems with di	zziness?			
12. Yes 🗌 No 🗌 Do you fr	equently feel nervou	is or upset?			
13. Yes 🗌 No 🗌 Do you o	Do you often feel discouraged or depressed?				
14. Yes 🗆 No 🗆 Are you s	Are you subject to fainting or blackout spells?				
15. Yes 🗆 No 🗆 Do you h	Do you have seizures?				
16. Yes 🗌 No 🗌 Are you d	often bothered with b	bad headaches?			
Musculoskeletal					
17. Yes 🗌 No 🗌 Do you h	ave frequent swelling	g, inflammation, c	or stiffness in any joints?		
Immunological					
C	ave frequent skin ras	hes?			
,					
Respiratory 19. Yes No Are you t	roubled with a chron	hic cough?			
	egularly cough up mu	-			
		•			
	Have you coughed up blood in the past year?				

The Strengt	h of Experience.			
Name:	n or experience.	Date of Birth:		
Vanie:				
Cardiovascular				
23. Yes 🗆 No 🗆	Do you have pr	roblems with chest pain?		
24. Yes 🗆 No 🗆	Do you have ch	nest pressure or tightness when excited?		
25. Yes 🗆 No 🗆	Do you have ch	nest pressure of tightness with walking or working?		
26. Yes 🗆 No 🗆	Does your hear	rt often pound or race?		
27. Yes 🗌 No 🗆	Are your feet o	r legs unusually swollen by the end of the day?		
Gastrointestinal				
28. Yes 🗆 No 🗆	Are you often t	roubled by stomach discomfort, indigestion, or heartburn?		
29. Yes 🗆 No 🗆	Have you recer	ntly noted blood in your stool?		
30. Yes 🗆 No 🗆	Have you had a	a recent change in bowel habits?		
31. Yes 🗌 No 🗆	Are you bother	red by itching around the rectum?		
Genitourinary				
, 32. Yes □ No □	Have you had a	a recent change in bladder habits?		
33. Yes 🗆 No 🗆		es do you get up at night and empty your bladder? times.		
34. Yes 🗆 No 🗆	Do you have bu	Do you have burning or pain when empting your bladder?		
35. Yes 🗆 No 🗆	Do you have pr	Do you have problems starting to empty your bladder?		
36. Yes 🗆 No 🗆	Have you seen	Have you seen blood in your urine?		
37. Yes 🗆 No 🗆	Have you noted	Have you noted any stones in your urine?		
38. Yes 🗌 No 🗌	Do you have problems emptying your bladder completely?			
Hematological				
39. Yes 🗌 No 🗌	Do you bleed e	excessively when cut?		
Reproductive				
40. Yes 🗌 No 🗌	Do you have di	fficulties in your sex life?		
41. Yes 🗌 No 🗌	Women only:	Is your menstrual cycle regular?		
42. Yes 🗌 No 🗌	Women only:	If you have reached menopause, do you still have any bleeding?		
43. Yes 🗌 No 🗌	Women only:	Are you pregnant? Date of last menstrual cycle?		
44. Yes 🗌 No 🗌	Women only:	Have you taken birth control pills in the last 2 weeks?		
45. Yes 🗆 No 🗆	Women only:	Do you notice a change in back discomfort with your menstrual cycle?		
Metabolic/Endocrine				
46. Yes 🗆 No 🗆	Do you have ge	eneralized weakness?		
Please explain an	y "Yes" answer	s:		



Surgery/Injection Screening Form:

Name: DOB:
Do you see a cardiologist? Yes No Dr's. Name:
OR
Have you seen a cardiologist in the last 5 years? Yes No
Dr. Name: Town:
Do you have a Pacemaker or Implanted Defibrillator? Yes No
Do you have a cardiac stent? Yes No When and where was it placed?
Who is your primary care physician? Dr's. Name:
Has your primary care Dr. done any cardiac testing? Yes No
Have you been hospitalized in the past 3 months? Yes No Where:
Do you have a history of MRSA (STAPH) Infection? Yes No
Do you see any other physicians or medical specialists? Yes No
Name:
Town: Specialty:
I,, authorize any of the above mentioned physicians and medical facilities to release any of my medical records, upon request, to:
Patient signature: Date:



ACCIDENT / INJURY INFORMATION

Patient Name:	Date:
Affected body area(s)	🔤 Left 🗆 Right 🗆 Both
Is the problem related to an accident o	or injury of any kind? 🛛 Yes 🛸 No
If yes, please complete the following in	iformation:
What is the date of injury?	When did the symptoms occur?
	(Please give approximate date)
How did the injury occur?	
Where did the injury occur?	
Have you been treated for this condition	
	No If yes, where?
Are you presently taking medications?	□ Yes □ No If yes, please list:
Employer contact:	No If yes, has it been reported to your employer? Yes Phone #:
Employer contact: Is this an accepted workers compensat Has a first report of injury been done?	Phone #:
Employer contact: Is this an accepted workers compensat Has a first report of injury been done? Insurance name: Address:	Phone #:
Employer contact: Is this an accepted workers compensat Has a first report of injury been done? Insurance name: Address: Is this injury related to an auto acciden	Phone #:
Employer contact: Is this an accepted workers compensat Has a first report of injury been done? Insurance name: Address: Is this injury related to an auto acciden If yes, is there auto insurance with med	Phone #:
Employer contact:	Phone #:



NEW PATIENT REGISTRA	TION		
PLEASE PRINT			Date
Patient			
Last Name	First	Name	Middle Initial
			nale Home Phone
Address			Cell Phone Zip
City	County		State Zip
			dowed Social Security #
			2SS
			Occupation
Business Address			
			Business Phone
Emergency Contact		Relationship	٥ Phone Number
Preferred Pharmacy:		Cross	Streets: Phone Email Text (Cell)
Preferred Reminder Contact Me	thod (choose all	that apply): _	Phone Email Text (Cell)
			nic Preferred Language:
Responsible Party (if different fr	om above)		Relationship
			Birthdate
City State	e	_ Zip	Home Phone
Social Security #		Drive	er's License #
Employer			
			Dusiness Dhana
City State	5	Zip	Business Phone
Spouse of Other Parent/Guardia	an Information (Please circle	one)
•	-		lome Phone
			usiness Phone
PAYMENT: All charges are due a	t the time of ser	vices, all prof	fessional services rendered are charged to the patient.
The patient is responsible for all			
			YES NO LITIGATION PENDING? YES NO
Insurance Information (Please p	present insurance	e cards to fro	ont desk)
			Policy Holder's Name
Billing Address			
			ber
			Policy Number DOB
			Employer
			Linployer
			Claim Number
Date of Injury	Δdiuster's I	Name	Phone #
Referring Physician of Porson			
Business Address			Business Phone
			Business Phone
Business Address		7:	Ducing and Discussion
City	State	ip	Business Phone



HIPAA Omnibus Notice of Privacy Practices

Revised 2013

Sierra Pacific Orthopedics

1270 E. Spruce

Fresno, CA 93720

(559) 256-5200

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice of Privacy Practices is NOT an authorization. This Notice of Privacy Practices describes how we, our Business Associates and their subcontractors, may use and disclose your protected health information (PHI) to carry out treatment, payment or health care operations (TPO) and for other purposes that are permitted or required by law. It also describes your rights to access and control your protected health information. "Protected health information" is information about you, including demographic information, that may identify you and that relates to your past, present or future physical or mental health condition and related health care services.

USES AND DISCLOSURES OF PROTECTED HEALTH INFORMATION

Your protected health information may be used and disclosed by your physician, our office staff and others outside of our office that are involved in your care and treatment for the purpose of providing health care services to you, to pay your health care bills, to support the operation of the physician's practice, and any other use required by law.

Treatment: We will use and disclose your protected health information to provide, coordinate, or manage your health care and any related services. This includes the coordination or management of

your health care with a third party. For example, your protected health information may be provided to a physician to whom you have been referred to ensure that the physician has the necessary information to diagnose or treat you.



Payment: Your protected health information will be used, as needed, to obtain payment for your health care services. For example, obtaining approval for a hospital stay may require that your relevant protected health information be disclosed to the health plan to obtain approval for the hospital admission.

Healthcare Operations: We may use or disclose, as-needed, your protected health information in order to support the business activities of your physician's practice. These activities include, but are not limited to, quality assessment, employee review, training of medical students, licensing, fundraising, and conducting or arranging for other business activities. For example, we may disclose your protected health information to medical school students that see patients at our office. In addition, we may use a sign-in sheet at the registration desk where you will be asked to sign your name and indicate your physician. We may also call you by name in the waiting room when your physician is ready to see you. We may use or disclose your protected health information, as necessary, to contact you to remind you of your appointment, and inform you about treatment alternatives or other health-related benefits and services that may be of interest to you. If we use or disclose your protected health information for fundraising activities, we will provide you the choice to opt out of those activities. You may also choose to opt back in.

We may use or disclose your protected health information in the following situations without your authorization. These situations include: as required by law, public health issues as required by law, communicable diseases, health oversight, abuse or neglect, food and drug administration requirements, legal proceedings, law enforcement, coroners, funeral directors, organ donation, research, criminal activity, military activity and national security, workers' compensation, inmates, and other required uses and disclosures. Under the law, we must make disclosures to you upon your request. Under the law, we must also disclose your protected health information when required by the Secretary of the Department of Health and Human Services to investigate or determine our compliance with the requirements under Section 164.500.

USES AND DISCLOSURES THAT REQUIRE YOUR AUTHORIZATION

Other Permitted and Required Uses and Disclosures will be made **only with your consent**, **authorization** or opportunity to object unless required by law. Without your authorization, we are expressly prohibited to use or disclose your protected health information for marketing purposes. We

may not sell your protected health information without your authorization. We may not use or disclose most psychotherapy notes contained in your protected health information. We will not use or disclose any of your protected health information that contains genetic information that will be used for underwriting purposes.



You may revoke the authorization, at any time, in writing, except to the extent that your physician or the physician's practice has taken an action in reliance on the use or disclosure indicated in the authorization.

YOUR RIGHTS

The following are statements of your rights with respect to your protected health information.

You have the right to inspect and copy your protected health information (fees may apply) – Pursuant to your written request, you have the right to inspect or copy your protected health information whether in paper or electronic format. Under federal law, however, you may not inspect or copy the following records: Psychotherapy notes, information compiled in reasonable anticipation of, or used in, a civil, criminal, or administrative action or proceeding, protected health information restricted by law, information that is related to medical research in which you have agreed to participate, information whose disclosure may result in harm or injury to you or to another person, or information that was obtained under a promise of confidentiality.

You have the right to request a restriction of your protected health information – This means you may ask us not to use or disclose any part of your protected health information for the purposes of treatment, payment or healthcare operations. You may also request that any part of your protected health information not be disclosed to family members or friends who may be involved in your care or for notification purposes as described in this Notice of Privacy Practices. Your request must state the specific restriction requested and to whom you want the restriction to apply. Your physician is not required to agree to your requested restriction except if you request that the physician not disclose protected health information to your health plan with respect to healthcare for which you have paid in full out of pocket.

You have the right to request to receive confidential communications – You have the right to request confidential communication from us by alternative means or at an alternative location. You have the right to obtain a paper copy of this notice from us, upon request, even if you have agreed to accept this notice alternatively i.e. electronically.

You have the right to request an amendment to your protected health information – If we deny your request for amendment, you have the right to file a statement of disagreement with us and we may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

You have the right to receive an accounting of certain disclosures – You have the right to receive an accounting of disclosures, paper or electronic, except for disclosures: pursuant to an authorization, for purposes of treatment, payment, healthcare operations; required by law, that occurred prior to April 14, 2003, or six years prior to the date of the request.

You have the right to receive notice of a breach – We will notify you if your unsecured protected health information has been breached.



You have the right to obtain a paper copy of this notice from us even if you have agreed to receive the notice electronically. We reserve the right to change the terms of this notice and we will notify you of such changes on the following appointment. We will also make available copies of our new notice if you wish to obtain one.

COMPLAINTS

You may complain to us or to the Secretary of Health and Human Services if you believe your privacy rights have been violated by us. You may file a complaint with us by notifying our Compliance Officer of your complaint. We will not retaliate against you for filing a complaint.

HIPAA COMPLIANCE OFFICERS: Annette Hopkins, Chris Johnston, Jodie Keller, Laurie Harland PHONE: (559) 256-5200

We are required by law to maintain the privacy of, and provide individuals with, this notice of our legal duties and privacy practices with respect to protected health information. We are also required to abide by the terms of the notice currently in effect. If you have any questions in reference to this form, please ask to speak with our HIPAA Compliance Officer in person or by phone at our main phone number.

Please sign the accompanying "Acknowledgment" form. Please note that by signing the Acknowledgment form you are only acknowledging that you have received or been given the opportunity to receive a copy of our Notice of Privacy Practices.



ACKNOWLEDGMENT OF OUR NOTICE OF PRIVACY PRACTICES

I hereby acknowledge that I have received or have been give the opportunity to receive a copy of Sierra Pacific Orthopedics' Notice of Privacy Practices. By signing below I am "only" giving acknowledgment that I have received or have had the opportunity to receive the Notice of our Privacy Practices.

Patient Name (Type or Print)

Date

Signature



Financial Policy

Welcome to Sierra Pacific Orthopedics. We would like to take this time to acquaint you with the financial policies of our group. Our goal is to provide you with the highest quality care possible. In order to maintain our goal, we have highly trained staff available to help answer questions that you may have regarding your treatment, insurance or billing issues. Please do not hesitate to ask for assistance.

Our office contracts with most Preferred Provider Organizations (PPOs) as well as many Health Maintenance Organizations (HMOs). You must verify that Sierra Pacific Orthopedics is contracted with your health plan. If your health care expenses are covered by one of these plans, we require that you pay all deductible, co-pay and coinsurance amounts at the time of service. We will bill your plan for the remaining balance. If we do not contract with your plan, we require payment in full at the time of service. Please remember medical services are rendered directly to each patient at their request, therefore, each patient is responsible to us for payment.

By signing below, you acknowledge that Sierra Pacific Orthopedics is NOT a Medi-Cal Provider, and you hereby confirm that you (or the patient, if you are signing as a responsible party) are not a Medi-Cal patient. You further acknowledge that failure to provide accurate insurance information or information about your Medi-Cal status could be considered fraudulent and could carry civil and criminal penalties. Additionally, this could result in our office terminating the professional relationship with the patient and/or billing you as a private pay patient.

A copy of your insurance card is required at each visit. It is your responsibility to notify Sierra Pacific Orthopedics of any changes in your coverage status. This information will be kept in your medical file.

Charges billed to your insurance plan will be noted on your account until payment and/or an explanation of benefits (EOB) is received from the insurance company. We will bill your plan directly as a service to you, but not in substitute of your primary responsibility for payment. Charges which have not been paid by the insurance are the patient's responsibility. All patient due balances are expected to be paid upon receipt of an EOB. We may require a guarantee of payment in the form of a credit card which will be used to satisfy future patient responsibility balances. Alternatively, patients may place a deposit on account toward future balances.

We may provide account balance and payment notification via SMS message (text), email and/or phone in addition to our normal customary process and you herby grant authorization for us to do so. Request for alternate methods of payment will be reviewed on an individual basis. Every effort will be made to come to an agreed upon method of payment.

There will be a \$20 service charge on all returned checks.

Some of the physicians at Sierra Pacific Orthopedics have a financial interest in the following facilities:

Fresno Surgical Hospital Summit Surgical

A list of these physicians is available at the administrative offices of Sierra Pacific Orthopedics on the 3rd floor.

I have read the above policy and agree to comply with its provisions. I understand that I am responsible for payment for all medical services rendered. I understand that if I am covered by a third party payment service such as an insurance plan, your office may bill them directly as a convenience to me, but I am personally responsible for such charges until they are paid in full.

Assignment and Release: I hereby authorize my insurance benefits to be paid directly to SIERRA PACIFIC ORTHOPEDICS and that I am financially responsible for services that the insurance considers to be non-covered. I authorize SIERRA PACIFIC ORTHOPEDICS to release any information required to process my claim.

Patient Name:	Date of Birth:
Responsible Party Signature:	Date: